



# Therasuit Method<sup>®</sup> Intensive Program (TMIP) Occupational Therapy & Physical Therapy

## What is the Therasuit Method Intensive Program?

TMIP is an intensive individualized therapy program that accelerates functional progress. The program uses the Therasuit<sup>®</sup> (a soft canvas suit with bungee-like cords attached) and the Universal Exercise Unit ("Spider Cage") to allow the child to learn new & correct patterns of movement through strengthening and functional skills practice. TMIP is ideal for those looking to meet functional goals at an accelerated rate as compared to traditional therapy.

## Goals of TMIP:

- Improve independence with activities of daily living (self-care, feeding & dressing)
- Improve body awareness
- Improve motor skills
- Improve balance and coordination

## Program Overview:

TMIP is currently offered at our Main Campus and Brandon locations. TheraSuit Method<sup>®</sup> trained occupational therapists and physical therapists use this approach to develop an individualized treatment plan for each child. TMIP includes a three-hour session, five days a week, for three weeks.

### *A typical session includes:*

- Warm up and massage
- Tone reduction and sensory integration techniques
- Stretching & strengthening exercises
- Balance, coordination and endurance training
- Transfers, functional activities and gait training



## Who is a Candidate?

- Children 2 ½ years and older
- Children with neurological conditions including Cerebral Palsy, developmental delay, traumatic brain injury, stroke, muscle tone disorders, spinal cord injury, Spina Bifida, etc.
- Children with sensory processing disorders
- Children with genetic disorders including Down Syndrome
- Children in need of post-op rehabilitation such as post tendon releases, botox, rhizotomy, etc.

## How Do I Get Started?

Contact: All Children's Hospital Main Campus, 727-767-4257 or All Children's Specialty Care of Brandon, 813-436-5900 for an application. Obtain a prescription for Intensive Occupational Therapy & Physical Therapy five times per week.